

Grief Retreat



September 10-12, 2021 (Fri - Sun)

\$165/person // Saturday only: \$125

Non-refundable \$75 deposit due by August 27th, 2021

Combine the healing element of nature with activities that provide an outlet for the expression of your grief. This retreat is for any adult (18+) who has lost a loved one such as a partner, friend, parent, or child.

In addition to awesome sessions, fellowship, and worship, there will be time for sailing, pottery, yoga, massages, hiking, canoeing, sitting around the campfire, eating a few s'mores, and much more!



Retreat begins with dinner at 6:15pm on Friday (check-in is from 5-6pm) and ends at 12pm on Sunday.
Camperships are available for anyone who needs one; call our office at 406-752-6602



ALL ARE WELCOME

About the Retreat Leaders:

Kiersten Alton is a holistic pharmacist who will lead a workshop on the physical effects of stress. She has worked with patients for over 30 years and knows the effects losing a loved one can have on energy levels, mood, and sleep.

Jo Ann Graves-Gill is a grief therapist who will speak on grief and its effects. She will also be available to speak with people individually throughout the retreat.

Rev. Dr. Paul Rowold, retired ELCA Pastor from Polson, will be our worship and spiritual leader.

2021 REGISTRATION

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Name: _____ Attending full weekend? ____ Sat. Only? ____

Mailing Address: _____

City: _____ State: _____ Zip: _____

Phone number (Cell or home?) _____ Email: _____

Please list any dietary restrictions, severe allergies or housing needs: _____

Registration & non-refundable \$75 deposit due by August 27th, 2021

Register online or send this registration for to office@flbc.net or FLBC 603 S Main St., Kalispell, MT 59901.

A list of what to bring and a schedule will be sent to you prior to the retreat.

