

Recenter Yoga Spirituality Retreat

with Pastor Kelsey Beebe

Recenter your heart, soul, and body with a weekend full of prayerful movement! Throughout the weekend, yoga classes will be offered in a variety of styles and levels: gentle/restorative; chair yoga; vinyasa flow; and more! There will be opportunities for guided meditation and prayer, as well as dialogue around how we can use movement as a form of prayer. All levels of experience are welcome!

Enjoy a weekend at Flathead Lutheran Bible camp with:

- Fellowship • Relaxation • Fun • Good Food • Worship • Yoga
- Inspiring Sessions with Pastor Kelsey

For more info visit www.flbc.net or email registration@flbc.net.



Retreat check-in is on Friday from 5-6pm with dinner at 6:15PM; Retreat ends Sunday at noon.



Pastor Kelsey believes firmly in an all-loving God, embodied Christ, and ever-moving Holy Spirit that connects us all. She is a trained dancer, yoga instructor, as well as an ordained minister in the United Church of Christ. She serves as the Executive Minister & President of Faith in Motion (dancingpastor.org) and host of the Lady Preacher Podcast. Kelsey lives in Washington state with her husband, Kevin, two kiddos, and cat Velcro.

Date: Nov 13-15, 2026

Cost: \$250 / person

(ages 16 and up)

Includes all meals, snacks, sessions etc.

Yoga supplies will be available, but you may bring your own if you prefer.

Registration Deadline: Nov 2, 2026

Camperships available.

2026 REGISTRATION ~ Recenter Yoga Spirituality Retreat

Nov 13-15, 2026 • \$250 / person • Registration Deadline Nov 2, 2026

Name: _____

Mailing Address: _____

City: _____ State: _____ Zip: _____

Phone # (☐ Home ☐ Cell ☐ Other) : _____ Roommate Request: _____

Email: _____

Please list any dietary restrictions, severe allergies, or housing needs: _____



SCAN HERE TO REGISTER

or visit www.FLBC.net or by email: registration@flbc.net or mail this form with payment to: FLBC 603 S Main St., Kalispell, MT 59901. **A \$100 non refundable deposit is required to hold your spot by Nov 2, 2026.**

A list of what to bring and a schedule will be sent to you prior to the retreat.



406.752.6602 • 603 South Main Street, Kalispell, MT 59901 • office@flbc.net • www.flbc.net