

Women's Retreat

As You Love Yourself

Recovering the missing half of the greatest commandment.

When you forget an important appointment, disappoint someone you love, or realize you have fallen short— what does the voice inside you say?

When a friendship begins to slip away, when you sense rejection or betrayal, when someone chooses distance instead of closeness – what story do you tell yourself about who you are?

These questions matter.

Jesus tells us to love our neighbors as ourselves.

Have you ever stopped to ask: Would my neighbor want to be loved the way I love myself? Would the voice that perhaps judges our own mistakes, questions our worth, and logs the ways we could have done more be good news if we turned it toward someone else?

Many of us learned to begin the Christian story with Genesis 3: our sinfulness, our failure, our need to be rescued. And without realizing it, the way we learned to see ourselves became the way we learned to see other people, too.

But what if we begin our spiritual narrative somewhere else?

What if we learn to see ourselves and one another as beloved? As people bearing the image of God, worthy of compassion and tenderness even in our most deeply human and broken places?

Join our speakers, Cali Salmond, Dr Erin Richer, and Jennifer Asselstine at this year's Women's Retreat, and together we'll explore what it might mean for Jesus' s invitation to love your neighbor as yourself to actually be good news—for your neighbor... and for you.



Cali Salmond
Life and Health Coach



Dr. Erin Richer
Certified Spiritual Director



Jennifer Asselstine



Enjoy a weekend at Flathead Lutheran Bible Camp with:

Fellowship • Relaxation • Fun • Good Food • Nature Walks
• Hikes • Worship • Yoga • Massages • Crafts • Free Time
• Inspiring Sessions

Retreat check-in is on Friday from 5-6pm with dinner at 6:15PM; Retreat ends Sunday at noon.

Date: Sept 11-13, 2026

Cost: \$250 / person

Open to all women aged 18+
16+ if accompanied with an adult

Includes housing, meals, snacks, beverages, etc.

**Registration Deadline:
Friday, September 4**

\$100 Non Refundable Deposit Required

2026 REGISTRATION ~ Women's Retreat

September 11-13 2026 • \$250 / person • Registration Deadline Sept 4, 2026

Name: _____

Mailing Address: _____

City: _____ State: _____ Zip: _____

Phone # (☐ Home ☐ Cell ☐ Other) : _____ Roommate Request: _____

Email: _____

Please list any dietary restrictions, severe allergies, or housing needs: _____



SCAN HERE TO REGISTER

or visit www.FLBC.net or by email: registration@flbc.net or mail this form with payment to: FLBC 603 S Main St., Kalispell, MT 59901. **A \$100 non refundable deposit is required to hold your spot by September 4, 2026.**

A list of what to bring and a schedule will be sent to you prior to the retreat.



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