## Louple's Lare Retreat

February 24-26, 2023

\$325 per couple // \$100 deposit & registration due by February 14th, 2023 Give your Valentine a special gift of time away on a retreat!!

## HOW WILL YOU PRIORITIZE AND CARE FOR YOURSELF AND YOUR PARTNER IN 2023?

Come to Flathead Lutheran Bible Camp and invest in much needed rest and renewal time. Join us for an intentional retreat of spiritual renewal and relationship care. We will provide a guided couples relationship workshop using John Gottman's "Seven Principles for Making Marriage Work" curriculum as well as time for spiritual renewal and faith formation. Take this weekend to focus on the deeply important aspects of all our lives, our romantic relationship and our faith life health.



the Seven Principles for Making Marriage Work

**GOTTMAN LEADER** 

This weekend is ideal for couples who desire to strengthen their relationship and experience deeper joy together, and for those who want to take intentional time to renew and grow their faith as an individual and as a couple. Time for relaxation, hiking, campfire worships, and great food will round out the weekend.

## **ABOUT THE RETREAT LEADERS:**

Julie Engh Peters is the owner & operator of Deep Roots Life Coaching and is a certified relationship & well-being life coach.

Pastor Lindean Barnett Christenson is the Pastor of Christ the King in Bozeman.

Julie and Pastor Lindean are both certified Gottman Leaders in the "Seven Principles for Making Marriage Work".

Retreat begins with dinner at 6:15pm on Friday (check-in is from 5-6pm) and ends at noon on Sunday.

## **2023 REGISTRATION**

Couples Care Retreat | February 24-26, 2023

Please register no later than February 14<sup>th</sup>, 2023.

Register online or send your registration & non-refundable deposit to:

FLBC 603 S Main St., Kalispell, MT 59901 or office@flbc.net

A list of what to bring and a schedule will be sent to you prior to the retreat.

