

FLBC Women's Retreat

June 1-3, 2018

Friday, June 1

5:00-6:00 pm Arrivals & Registration! Check in at Hagen Hall to receive housing assignments, take a look at a map and sign up for open time activities. Get settled in your cabin.

6:15 pm Dinner in the Cockrell Center

7:00 pm Welcome Orientation and Introductions

7:45 pm Introduction to Theme with Dr. Courtney Wilder

8:15 pm Campfire Worship (Campfire Circle by the Lake)

Snacks & Fellowship in Hagen Hall to follow worship. We invite you to participate in personal devotions in your cabins before bed.

Saturday, June 2

6:30 am Early Morning Sailing (please sign up! Meet on Docks behind Cockrell Center)

7:30 am Yoga on the Docks with Georgia Gannon

8:15 am Breakfast (Cockrell Center)

9:15 am Session with Dr. Wilder (Hagen Hall)

10:30 am Open Time

10:30 Help with a Service Project- join us in Hagen Hall

10:30-12:00 Massages with (Sign up Friday)

10:30- 12:00 "Color Reading" (Sign up Friday, Meet in Hagen)

11:00 Try out the Flying Squirrel (meet in Courtyard, wear close toed shoes & pants, please)

11:00 Pontoon Ride (Meet on the docks in front of Cockrell)

11:30 Nature Hike (Meet in Courtyard)

12:15 pm Lunch (Cockrell Center)

1:15 pm Session with Dr. Wilder (Hagen Hall)

2:30 pm Open Time

2:30 Yoga on the Docks with Georgia Gannon

2:30- 5:00 Massages with (sign up Friday evening)

3:00 Pontoon Ride (Meet on Docks in front of Cockrell)

3:00- 4:00 Canteen (Camp Store) Open

3:30- 5:00 Paper Marbling with Bunny Wilder

4:15 Sailing (sign up Friday evening, meet at docks in front of Cockrell)

- 5:30 pm Dinner (Cockrell Center)
- 6:15- 7:15 pm Body Talk with Mary Hanson
- 7:30- 8:45 pm Session with Dr. Wilder
- 9:00 pm Campfire Worship & S'mores! (Campfire Circle by the Lake)

We invite you to participate in personal devotions in your cabin before bed.

Sunday, June 3

- 6:30 am Early Morning Sailing (Sign up, meet at docks in front of Cockrell Center)
- 7:30 am Yoga with Georgia Gannon (on docks in front of Cockrell Center)
- 8:00 am Pre-Brunch Snack (Cockrell Center)
- 9:00 am Closing Worship with Holy Communion (Cockrell Center)
- 10:00 am Brunch & Closing Prayer (Cockrell Center)

Peace be with you!